



THE GARDEN ROOMS

AT TENNANTS

Lunch served 12noon-3.30pm

Main Dishes

Battered cod & chips, mushy peas and tartar sauce	Regular £13.75 • Small £10.00
Scampi & chips with mushy peas and tartar sauce	Regular £13.75 • Small £10.00
6oz beef burger, brioche bun, cheddar, house salad, slaw, fries	£14.95
Spinach, sweet potato and lentil curry, rice, pitta bread	£13.95
Summer vegetable & feta quiche, rosemary smashed new potatoes, salad	£13.95
Dish of the day – see blackboard for today's dish	
Spiced lamb kofta, Greek salad, tzatziki dressing, homemade flatbread	£13.95
Antipasti platter	£10.50
<i>Salami, pepperoni, pastrami, Parma ham, olives, sourdough</i>	
Peach & mango caprese salad	£9.75
<i>Peaches, cherry tomatoes, mozzarella, mango, coriander, basil, rocket</i>	
Salmon salad, Caesar dressing	£13.95
<i>Poached salmon, little gem lettuce, anchovies, croutons, new potatoes, boiled egg, Caesar dressing</i>	

Jacket Potatoes

Served with salad and coleslaw

Cheese & beans (<i>Vegan option available</i>)	£7.95
Tuna mayonnaise	£8.50
Prawn Marie-rose	£9.00

Lighter Options

Soup of the day served with crusty roll	£4.50
Soup of the day served with a warm cheese scone	£5.50
Sourdough, olives & hummus	£6.50

All dishes are freshly prepared and cooked to order. Please let a member of staff know if you have any special dietary requirements or for allergen advice and information. Upon request, a number of our dishes can also be adapted to accommodate allergies and dietary requirements. Whilst we have kitchen protocols in place designed to address the risk of cross-contamination of allergens, our kitchens are busy environments. As such, we cannot guarantee the total absence of allergens in our kitchens. If you have any questions please do not hesitate to ask one of our team. An allergen folder is available upon request from a member of our team



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Salads, Sandwiches & Wraps

Sandwiches on white bloomer • malted bloomer • tortilla wrap • upgrade to a baguette for £1

Sandwiches & wraps served with a side salad & coleslaw, or add a bowl of soup for £1.50

Mixed salads are available with any of the following topping:

Egg mayonnaise & cress	£6.40
Cream cheese & cucumber	£6.40
Ham & mustard	£7.50
Tuna & cucumber	£7.50
Prawn Marie-Rose	£7.90
BLT	£7.50
Chicken, lettuce, tomato, mayonnaise	£7.50
Southern fried chicken, Cajun mayo Available as a wrap or salad only	£7.50

Paninis

Served with salad and coleslaw

Pastrami, gherkin and cheddar	£7.95
Tuna mayonnaise & mozzarella	£7.95
Chicken, chorizo & mozzarella	£8.25

Side Dishes

French fries	£2.50
Chunky chips	£2.50
Sweet potato fries	£2.50
Mixed salad	£2.50
Bread roll	£0.50

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